

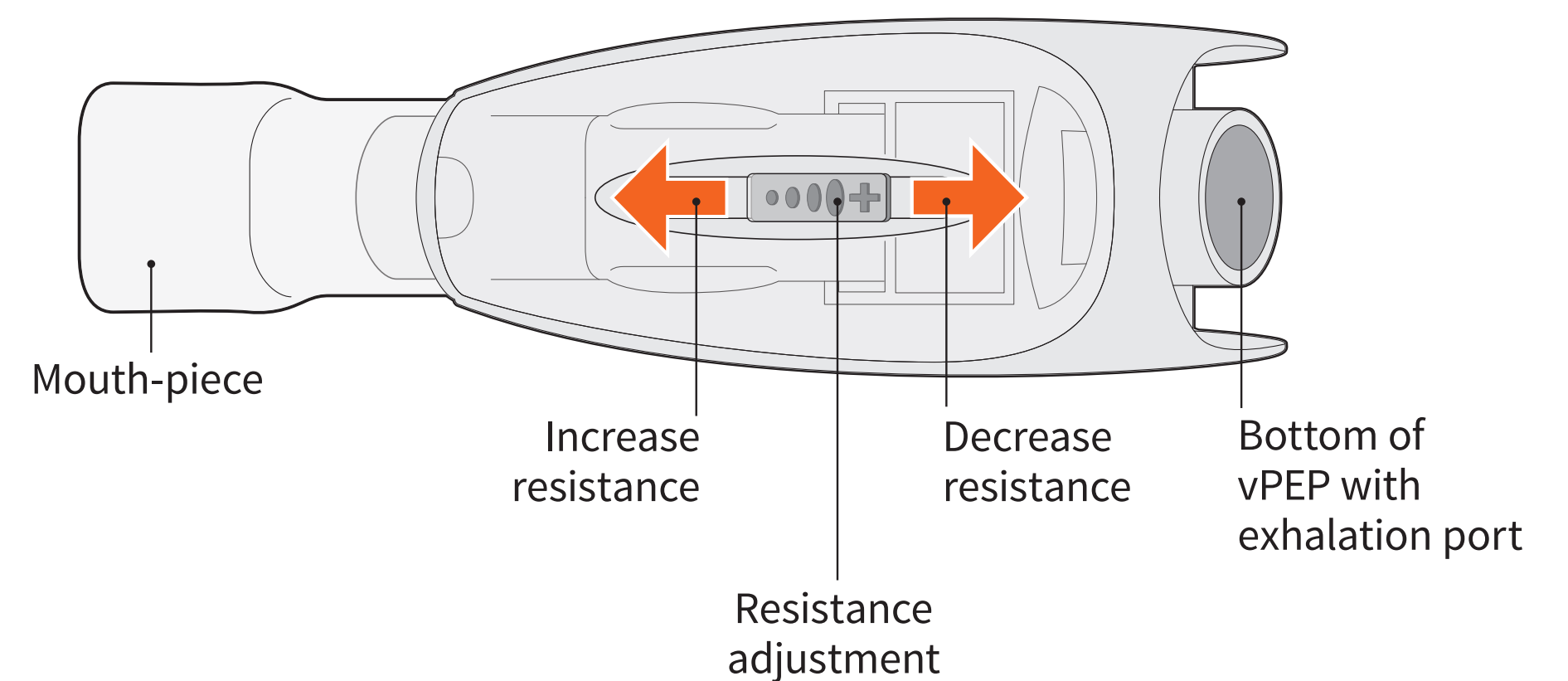
Below, please find abbreviated instructions for use, but please remember to read the complete instructions that are packaged with the vPEP® Oscillating Positive Expiratory Pressure (OPEP) Therapy System.

Expiratory Flow Bias — Key Driver of Secretion Clearance

Secretion clearance increases when peak expiratory flow exceeds peak inspiratory flow during OPEP therapy. The greater the difference, or Expiratory Flow Bias, the more effective the secretion clearance, and vice versa. D R Burton OPEP products feature superior Expiratory Flow Bias which is also enhanced by coaching patients to slowly inspire a deeper breath than normal, and exhale with more force than normal. Learn more at www.drburtonhpi.com/clinical-library-study-vPEP.php

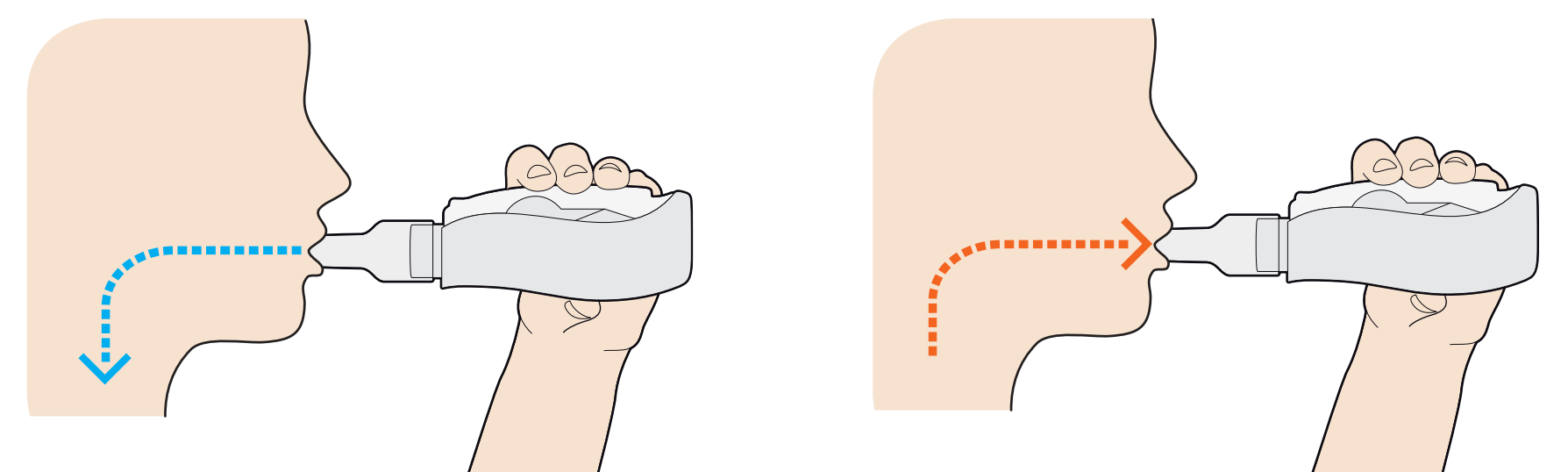
1 Getting Started with vPEP

- A. Insert mouth-piece in mouth.
- B. Make sure your hand does not cover the bottom of the vPEP with exhalation port.
- C. Move the 'resistance adjustment' up to increase and down to decrease resistance.



2 Using the vPEP

- A. Take in a very slow deeper breath than normal.
- B. Hold your breath for 2-3 seconds.
- C. Breathe out through the mouth-piece with more force than normal.
- D. Keep taking deep breaths in — and forceful breaths out through your vPEP — 10 to 20 times.
- E. Your healthcare practitioner may tell you the number of breaths they want you to take.
- F. After at least 10 breaths in and out, do 2 or 3 'huff coughs' to clear your lungs.

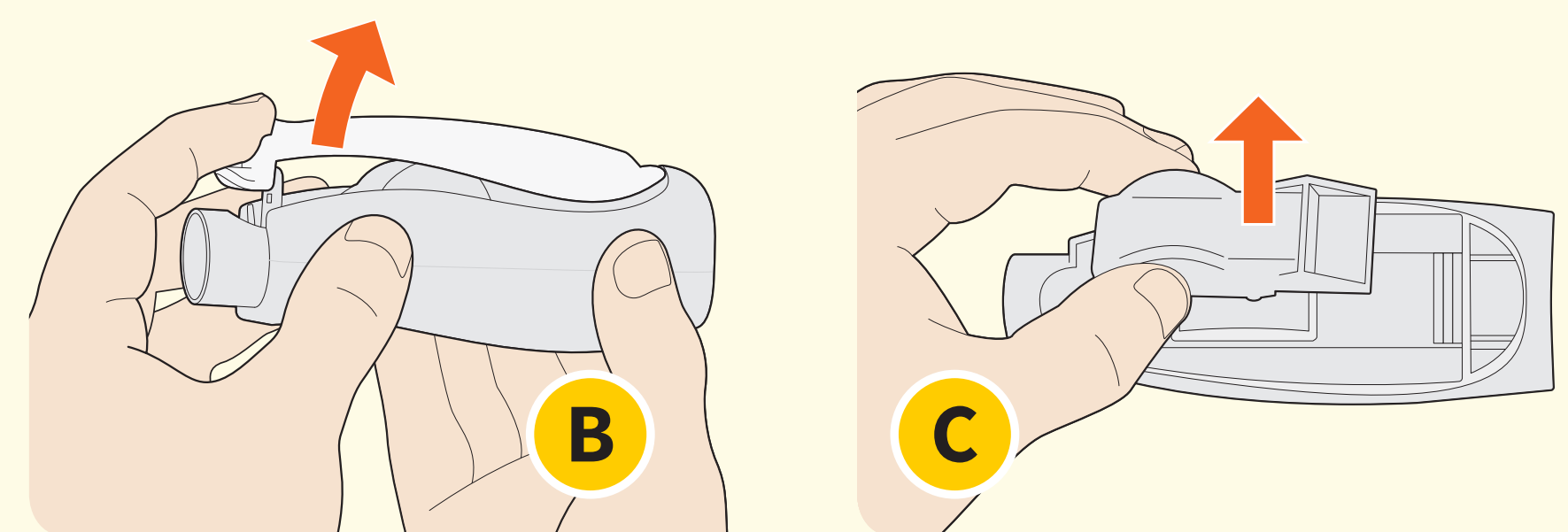


3 Repeat Step 2

REPEAT step 2 four times, or as directed by your healthcare practitioner.

4 Taking the vPEP apart

- A. Take off the mouth-piece.
- B. Lift off the clear cover.
- C. Remove the flapper valve (note the moving flapper valve points to the bottom of the vPEP).



5 Cleaning the vPEP at home

Follow these cleaning instructions. The vPEP can also be cold sterilized.

- A. Clean the 4 parts in warm soapy water for 15 minutes, move them around from time to time, and rinse.
- B. Allow to air dry before next use.

